



THE UNIVERSITY OF
MELBOURNE

Faculty of Medicine, Dentistry & Health Sciences
**Melbourne School of Population
& Global Health**



The Australian Model of the First 1000 Days

SHORT COURSE DATES

21 - 22 March 2016

12 - 13 May 2016

21 - 22 July 2016

29 - 30 September 2016

AIM

This two-day Master Class will present the overall objectives of the Australian Model of the First 1000 Days, which aims to provide a coordinated, comprehensive intervention addressing the needs of Aboriginal and Torres Strait Islander children from (pre)conception to two years of age, thereby laying the foundation for their future health and wellbeing.

Through a mix of presentations, group work and case studies, the course will explore how the Model can be established and implemented across different Aboriginal and Torres Strait Islander communities Australia-wide in partnership with the University of Melbourne and Aboriginal Community Controlled Health Organisations.

POTENTIAL PARTICIPANTS

People working in health and early childhood education services, community services and agencies, not-for-profit sector, private sector, and government who work with Aboriginal and Torres Strait Islander people.

COURSE OVERVIEW

DAY 1 will provide background information on the international context for the First 1000 Days and a comprehensive understanding of the novel approach of the Australian Model of the First 1000 Days intervention cohort study.

DAY 2 will present an overview of the Australian evidence base for the First 1000 Days and a practical guide to establishing the First 1000 Days in organisations and institutions. The application of interventions, data and evidence considerations, and key deliverables for this process for organisations in your area will also be explored, and opportunities and challenges discussed.

mspgh.unimelb.edu.au

COURSE PRESENTERS



Professor Kerry Arabena

Director, Indigenous Health Equity Unit

From the Meriam people in the Torres Strait, Kerry is Chair of Indigenous Health at the University of Melbourne. She has a Doctorate in Human Ecology and an extensive background in public health, administration, community development and research, and has led the development of the First 1000 Days model in Australia.



Dr Rebecca Ritte

Research Fellow, Indigenous Health Equity Unit

Rebecca is an epidemiological Research Fellow at the University of Melbourne. She has a Doctorate in Cancer Epidemiology and over four years of experience focusing on chronic disease outcomes and child mortality for Aboriginal and Torres Strait Islander peoples.



Dr Stacey Panozzo

Research Assistant, Indigenous Health Equity Unit

Stacey is a Research Assistant at the University of Melbourne. She has a Doctorate in Health Systems Research, with three years of experience focused in this area and two years of experience in international development and emergency recovery work.

And additional Guest Presenters

COURSE DATES

21 - 22 March 2016; or
12 - 13 May 2016; or
21 - 22 July 2016; or
29 - 30 September

8:30am – 5:30pm

VENUE & DETAILS

Indigenous Health Equity Unit
The University of Melbourne
Parkville VIC 3010

COST

\$800 per person and includes
lunch, morning/afternoon tea

REGISTRATION & ENQUIRIES

Jasmin Boys
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E: iheu-admin@unimelb.edu.au

DISCLAIMER

Applications close three working days prior to the commencement of each course. The course will run subject to a minimum number of enrolments. Group bookings welcome. Confirmation of the course will be provided on the Friday preceding the commencement of the course.

Artwork by Shawana Andrews